

# COVID-19 Safe Operations Policy-City of Concord Preschool Program

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This document contains information regarding the City of Concord Parks & Recreation Department's operations as it related to COVID-19 and possible impacts on employees and persons. It was formulated with content provided by Centers for Disease Control (CDC), California Department of Public Health (CDPH), Contra Costa County Health (CCCH), and other technical guidance sources.

### Symptoms of COVID-19

Employees and persons should continue to follow normal preventative actions at work and at home, including cleaning hands, avoiding touching eye, nose of mouth with unwashed hands, and practice social distancing when at all possible.

The most common COVID-19 symptoms are...

- Cough
- Shortness of breath/difficulty breathing
- Fever
- Sore throat
- Chills
- Nausea or vomiting
- New loss of taste or smell
- Fatigue
- Muscle or body aches
- Headache

Most commonly in children...

- Diarrhea
- Congestion or runny nose

Anyone exhibiting any of the above symptoms should not report to work or participate in the program. City employees will be vigilant in monitoring symptoms in persons and themselves, and will notify a supervisor if anyone in the program is showing symptoms.

### Participant and Staff Responsibilities

#### Scenario 1: Person Exhibits COVID-19 Symptoms

##### Actions:

- Send home and recommend contact with primary care provider for recommendations regarding need for testing.
- If COVID-19 is ruled out by primary care provider or negative test result, may return 24 hours after symptoms resolve.

**Communications:**

No communication to parents or families will be sent out.

**Scenario 2: Person Tests Positive for COVID-19****Actions:**

- Please notify your teacher and the Program Coordinator.
- The person must isolate to prevent the spread of COVID-19.

**5 Day Isolation Requirements:**

- Stay home for at least 5 days. Positive test date is “day 0”.
- Isolation can end after day 5 IF there are no symptoms or resolving AND a diagnostic specimen (rapid antigen test preferred) is collected on day 5 or later tests negative.
- The person will be required to wear a well-fitted mask throughout the program for days 6-10, especially in indoor settings.
  - ***If the person is unreliable in wearing a mask for days 6-10, they will not be able to return to the program and will need to follow the 10 day isolation period.***

**10 Day Isolation**

- If unable to test or choosing not to test, and symptoms are not present or resolving, isolation can end after day 10.

**Communications:**

An email will be sent to the location affected (Baldwin Park or Centre Concord), notifying families that a positive case has been detected in the school. A follow up email will be sent to the close contacts of said person with information on quarantine times, and testing options.

An email will only be sent if the person’s case affects the preschool program. No communication will be sent if no classes are affected.

**Scenario 3: Person was in Close Contact with a Positive Case regardless of vaccination status.****Actions:**

- A COVID-19 exposure is defined as being within 6 feet of an infectious person for at least 15 minutes in a 24 hour period. All those in a shared indoor airspace for at least 15 minutes with an infectious person may be considered exposed.
- No quarantine or isolation is required.
- Testing is recommended on day 5 after being exposed. If positive, follow isolation instructions. Wear a well fitted mask around others for 10 days, especially indoors. If symptoms develop at any point, get tested right away.

**Communications:**

An email will only be sent if the person’s case affects the preschool program. No communication will be sent if no classes are affected.

