

Parent COVID-19 Handbook

Before You Come to Camp

We are asking parents to take their child's temperature before they come to camp. If your child has a temperature above 100.4, please do not come. Call to let us know you will not be attending. If your child is not feeling well, or exhibiting any of the following symptoms please to do not come for the safety of your child, our staff, and the other participants in the program.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Drop off

Drop off times are from 7:00 am-8:30 am. You have been assigned a color in the body of your email-each color has different drop off and pick up locations.

The **Red** and **Yellow** group will drop off and pick up on the Cowell Side of Markham Nature Park at 3915 Cowell Rd. Please enter the horseshoe drive way and circle to the front of the house-**do not exit your car**. Staff will approach your vehicle with a sign in sheet, and will ask you the following screening questions...

- In the last 3 days have you had a sore throat?
- In the last 3 days have you had a new cough?
- In the last 3 days have you had unusual shortness of breath?
- In the last 3 days have you had had any chills or fever?
- In the last 3 days have you had an acute loss of smell or taste?

Once you answer all of the questions for your child, staff will collect your emergency card and waiver. They will have you sign in with a clean pen and then escort your child to their designated group.

The **Green** and **Blue** group will drop off and pick up on the La Vista Side of Markham Nature Park at 1202 La Vista Ave, Concord, CA 94521. Please park in the lot- **do not exit your car**. Staff will approach your vehicle with a sign in sheet, and will ask you the screening questions that are listed above.

Once you answer all of the questions for your child, staff will collect your emergency card and waiver. They will have you sign in with a clean pen, and then escort your child to a hand washing station, and then to their designated group.

Pickup

Pick up times are from 4:30-6:00 pm.

You will pick up at the same location that you drop off at. **Do not exit your car**-staff will approach your vehicle with a sign out sheet. Please have your ID ready.

Preventing Spread & Social Distance Policy

- Items will not be shared amongst separate cohorts. Any shared items or locations will be disinfected before another cohort may use it.
- Frequently touched surfaces will be cleaned regularly.
- Staff will not prepare food. Participants must bring their own snacks (morning & afternoon) and lunch and are not allowed to share food. Lunch/snack will be eaten away from other groups- inside the building, or at their assigned outdoor space.
- Personal toys are not permitted at camp, unless instructed to do so by camp staff.
- Participants will stay with the same cohort throughout the week (Monday to Friday) with the same supervisory staff. Cohort maximum is 12 participants and 2 staff members. If requested, siblings can be kept together in the same group to limit family exposure.
- Each cohort will be assigned a gender neutral restroom to use each day. No other cohort will be allowed to use this restroom without it being sanitized and cleaned.
- Staff will coordinate rotations, pick-up, and drop-off to limit the mixing of groups.
- Walkie talkies will be used for on campus staff communication.

Face Coverings

Per the state health order, participants are now required to wear face coverings while at the program.

Participants and staff will not have to wear masks during snack, lunch, or swimming.

Hand Hygiene Policy

Participants will be encouraged, as always, to keep their hands to themselves and they will be strategically spread during activities.

All participants & staff should engage in hand hygiene at the following times:

- Arrival to the facility and after breaks.
- Before and after eating or handling food.
- Before and after administering medication or medical ointment.
- After using the restroom.

- After coming in contact with bodily fluid.
- After handling garbage
- If hands are visibly dirty
- Covering a cough or a sneeze

All staff & participants should wash hands with soap and water for at least 20 seconds. If hands are not visibly dirty, alcohol-based hand sanitizers with at least 60% alcohol will be used if soap and water are not readily available.

Participants will be supervised when they use hand sanitizer to prevent ingestion.

Participants will be supervised when washing their hands and will be assisted with handwashing if they cannot do it on their own.

After assisting children with handwashing, staff will wash their hands.

Posters will be posted describing handwashing steps near sinks. Developmentally appropriate posters will also be posted for children.

Sanitation Policy

Any materials used during the camp day will be sanitized before and after use.

Staff will sanitize bathrooms every 2 hours.

All other surfaces will be sanitized frequently (including door handles, light switches, counter spaces, etc.)

Utilization of Concord Community Pool

Backyard Explorers is very excited to utilize Concord Community Pool as part of its regular day camp schedule every Monday, Wednesday, and Friday. There are of course, rules and regulations that must be followed in order to ensure the safety of our participants, counselor staff, and lifeguard staff.

1. Cohorts will have designated areas in the pool separate from each other.
2. We will use our own porta potty on the back fence of Concord Community Pool. If children have to use the bathroom, staff will disinfect the porta potty before and after use of the bathroom.
3. Cohorts will have limited time in the pool (one and a half hours instead of three as we can only safely fit 2 groups in the pool). Staff will have other activities available for participants when they are not in the water.
4. We will not be able to use the diving boards or the inflatable obstacle courses.
5. Each cohort will have 1 staff member in the water with the children, and 1 staff member on the deck supervising and enforcing rules.

6. The red group will not be taking the swim tests and will remain in the shallow end of the pool where they can safely stand with their heads above water. Green, Yellow, and Blue must take a swim test if they want to be in the deeper end of the pool. A lifeguard will administer the swim test, and counselors will be in the water when the participants take it.

Please bring...

- A towel
- Sunscreen
- An extra pair of sandals (optional)

We highly encourage that participants come to camp in their swimsuits under their clothes. If not, they will have to change in the Markham Nature Park building or in our satellite building at Concord Community Pool as we will not have access to the pool's bathroom/shower/changing area.