MEETING OF THE
COMMISSION ON AGING
Wednesday, March 20, 2019
1:30 p.m.
2727 Parkside Circle
Concord, CA 94519
Annotated Agenda

ROLL CALL : All present.

PUBLIC COMMENT: None
(The public may speak on any item within the jurisdiction of the Commission on Aging not listed on this agenda. Approximately 15
minutes is allocated for the Public Comment Period. Each speaker is requested to complete speaker cards with their name and address
for the record prior to the meeting – speaker will be allowed approximately 3 minutes.)

1. APPROVAL OF ANNOTATED AGENDA OF THE REGULAR MEETING ON FEBRUARY 20, 2019-
Minutes were approved. M/S Johnstone/Leon.

2. PRESENTATION BY MAGEN MONAHAN, OLDER ADULT HOUSING SPECIALIST OF CONCORD
SHELTER – Ms. Megan Monahan, Older Adult Housing Specialist presented to the Commission on Aging on her
duties at the housing specialist and the operations of the Concord Shelter. She works for the Contra Costa Adult
Continuum of Services and “their role is to provide adults with food, safe shelter, and referrals to needed support
services as well as a stepping stone toward self-sufficiency.” There are two emergency shelters for Adults one in
Concord and Richmond. They both offer meals, laundry facilities, telephone, mail, advocacy and case
management. Monahan shared they are seeing more elderly in the shelters. Commissioner Lee shared with
Monahan the Be A Santa to A Senior service project and the Commission on Aging would like to work with her on
providing needed items to the clients at the shelter. Commissioners thanked Monahan for attending the meeting
and look forward to working with her.

3. PROJECTS & REPORTS
   A. LIAISON GROUP REPORTS
   B. LIVE STRONG HEALTH EXPO EVALUATION – Comments from the were: No screenings, no
greeters and it wasn’t as well organized as in past years. Presenters were well received and it
appeared there were less people attending this year’s event.
   C. WELLNESS & HEALING ARTS FAIR - Staff reported the senior center is working on a healing
arts fair for October 19th from 10am-4pm at the senior center.

4. ANNOUNCEMENTS:
   A. ROYAL TEA PARTY - JULY 27, 10:30AM - 12:30PM
   B. HAWAIIAN FUSION – SEPTEMBER 7, 5:00PM - 8:30PM
   C. WELLNESS & HEALING ARTS FAIR – OCTOBER 19, 10:00AM - 4:00PM

5. ITEMS FOR NEXT AGENDA: Music and Market Outreach

6. ADJOURNMENT: Meeting was adjourned at 2:15pm.

NEXT MEETING APRIL 17, 2019 AT 1:30PM
In accordance with the Americans With Disabilities Act and California Law, it is the policy of the City of Concord to offer its public programs, services and meetings in a manner that is readily accessible to everyone, including those with disabilities. If you are disabled and require a copy of a public hearing notice, or an agenda and/or agenda packet in an appropriate alternative format; or if you require other accommodation, please contact the ADA Coordinator at (925) 671-3025, at least five days in advance of the meeting. Advance notification within this guideline will enable the City to make reasonable arrangements to ensure accessibility.