



**MEETING OF THE
COMMISSION ON AGING
Wednesday, March 20, 2019
1:30 p.m.
2727 Parkside Circle
Concord, CA 94519
Annotated Agenda**

ROLL CALL : *All present.*

PUBLIC COMMENT: None

(The public may speak on any item within the jurisdiction of the Commission on Aging not listed on this agenda. Approximately 15 minutes is allocated for the Public Comment Period. Each speaker is requested to complete speaker cards with their name and address for the record prior to the meeting – speaker will be allowed approximately 3 minutes.)

- 1. APPROVAL OF ANNOTATED AGENDA OF THE REGULAR MEETING ON FEBRUARY 20, 2019-**
Minutes were approved. M/S Johnstone/Leon.
- 2. PRESENTATION BY MAGEN MONAHAN, OLDER ADULT HOUSING SPECIALIST OF CONCORD SHELTER** – *Ms. Megan Monahan, Older Adult Housing Specialist presented to the Commission on Aging on her duties at the housing specialist and the operations of the Concord Shelter. She works for the Contra Costa Adult Continuum of Services and “their role is to provide adults with food, safe shelter, and referrals to needed support services as well as a stepping stone toward self-sufficiency.” There are two emergency shelters for Adults one in Concord and Richmond. They both offer meals, laundry facilities, telephone, mail, advocacy and case management. Monahan shared they are seeing more elderly in the shelters. Commissioner Lee shared with Monahan the Be A Santa to A Senior service project and the Commission on Aging would like to work with her on providing needed items to the clients at the shelter. Commissioners thanked Monahan for attending the meeting and look forward to working with her.*
- 3. PROJECTS & REPORTS**
 - A. LIAISON GROUP REPORTS**
 - B. LIVE STRONG HEALTH EXPO EVALUATION** – *Comments from the were: No screenings, no greeters and it wasn't as well organized as in past years. Presenters were well received and it appeared there were less people attending this year's event.*
 - C. WELLNESS & HEALING ARTS FAIR** - *Staff reported the senior center is working on a healing arts fair for October 19th from 10am-4pm at the senior center.*
- 4. ANNOUNCEMENTS:**
 - A. ROYAL TEA PARTY - JULY 27, 10:30AM - 12:30PM**
 - B. HAWAIIAN FUSION – SEPTEMBER 7, 5:00PM - 8:30PM**
 - C. WELLNESS & HEALING ARTS FAIR – OCTOBER 19 , 10:00AM - 4:00PM**
- 5. ITEMS FOR NEXT AGENDA:** *Music and Market Outreach*
- 6. ADJOURNMENT:** *Meeting was adjourned at 2:15pm.*

NEXT MEETING APRIL 17, 2019 AT 1:30PM

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